



Who We Are

We're a peer-led recovery community for anyone impacted by mental health, substance use, or trauma. From youth programming and adult support groups to recovery housing and podcasts, we create space for healing.

All our programs are centered on the four pillars of Recovery:

**Home
Health
Community
Purpose**

Whether you're just starting out or well into your journey, you belong here.

Our Mission

to provide a holistic community supporting purpose and wellness through recovery.

Our Values

- Respect
- Person-centered
- Culturally sensitive
- Trauma-informed
- Inclusive

Our Vision

Creating an inclusive culture of recovery through hope, understanding, and acceptance.

Contact Us

(419) 423-5071
focus@focusrwc.org
<https://focusrwc.org/>

The Recovery Center
Adult Programming Location
509 West Trenton Avenue
Findlay, Ohio 45840

The Loft
Youth Programming Location
1908 North Main Street
Findlay, Ohio 45840



FOCUS provides a holistic community supporting purpose and wellness through recovery



What We Offer

Evidence Based Support

We offer a variety of support groups throughout the year including:

- Body Postive Recovery*
- Wellness Recovery Action Planning*
- Community Reinforcement & Family Training*
- Grief Recovery Method*
- Anger Management*
- Recovery Guide Training*
- Collegiate Recovery*

Peer-led Programs

Cooking classes, painting nights, game days, and more. Explore your interests, try new things, and build connections.

Community Outings

Exciting trips to places like Build-A-Bear, Riverbend, The Lavender Hour and more. Fun and healing go hand-in-hand!



A PLACE FOR YOUTH TO BE THEMSELVES

The Loft is a space for youth (10-17) to connect, create, and grow. Whether navigating oppression, adversity, or trauma, or just looking for community, everyone is welcome here.

What to expect:

- A supportive network of peers
- Daily programming to promote wellness
- Creative, purpose-driven activities
- Advocacy and empowerment



Scan to find out more!



We have 3 recovery homes in Findlay:

- Men's House
- Women's House
- MOMS House (for expectant mothers in the MOMS program)

Each home has a live-in coordinator and structure that supports your growth.

To Apply:

- Be 30+ days substance-free
- Get the form at focusrwc.org
- Submit the form via email, fax, or in person

Podcasts

i am somebody: conversations that challenge stigma & elevate the voices of those in recovery.

i am somebody too: youth share their stories & reclaim their narratives. empowerment starts here.

i am somebody

Both podcasts are produced in partnership with NAMI Hancock County