

# June

FOCUS: Recovery and Wellness Community

509 Trenton Avenue

Findlay, OH

All Programs are FREE and OPEN TO THE PUBLIC

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 530p CA*	2 1p Budget Crafts 2p Creative Expression 4p BINGO!	3 10a FOC 12p Cook and Carry 2p Group Game 4p Music Shadow Boxes	4 12p Walk in the Park 1p Gratitude of Attitude w/ Bonnie 4p CBT Journals	5 1p Library Bingo 3p Feral Self-Care 4p Nintendo Switch	6 12p Budget BINGO! 2p Wellness Support Group 4p Mindful Art 5p Women's Group	7 11a-3p Mario Kart
8 530p CA*	9 1p Oracle Readings 2p Creative Expression 4p BINGO!	10 12p Cook and Carry 2p Group Game 4p Yarn Wrapped Peace Signs	11 Wellness Day 12p Strawberry Short cake 1p Manifestation Journals 3p Strawberry Bath Scrub  Healing Sessions will be first come, first starting at 10a	12 12p Frisbee Golf 3p Feral Self-Care 4p Nintendo Switch	13 Fishing Trip Riverbend 10a	14
15 530p CA*	16 1p Budget Crafts 2p Creative Expression 4p BINGO!	17 10a FOC 12p Cook and Carry 2p Group Game 4p Horse Shoe Wreaths	18 12p Walk in the Park 1p Lavender Hour 4p Ritual Journals	19 Juneteenth Open 10a-5p Recovery Toolboxes w/ Ryan	20 12p Budget BINGO! 1p Healthy Cooking 3p Wellness Support Group 5p Women's Group	21 11a-3p Board Games
22 530p CA*	23 1p Budget Crafts 2p Creative Expression 4p BINGO!	24 12p Cook and Carry 2p Group Game 4p Make Up Craft	25 12p Walk in the Park 1p Gratitude of Attitude w/ Bonnie 4p Anxiety Journals	26 1p Library Trip 3p Feral Self-Care 4p Nintendo Switch	27 12p Budget BINGO! 1p Healthy Cooking 3p Wellness Support Group 5p Women's Group	28
29 530p CA*	30 1p Budget Crafts 2p Creative Expression 4p BINGO!					

# Fishing Trip

🐟 Hooked on Fun – FOCUS Fishing Trip!

June 13 | 10AM–whenever the fish stop biting (but no later than 5p)

Cast away your worries and spend the day outdoors with the Programming & Outreach crew! We're bringing the rods, the fishing licenses, and the food—just bring your sense of adventure (and maybe some sunscreen 😎).

Whether you're out to catch a whopper or just soaking up the sun, it's gonna be reel fun. 🐟🎣



"Healing is not linear — especially when you're unlearning shame you never chose to carry."

FOCUS is a SAFE space for EVERYONE.

Hours: M-TH 10a-7p

F: 10a-5p

Every first and third Saturday: 11a-3p



# Wellness Day

🌞 FOCUS Wellness Day

June 11th | 10AM – 5PM

Take a deep breath and join us for a day of restoration, reflection, and connection under the energy of the Strawberry Moon.

🧘 Start your journey with healing sessions led by Katy, designed to ground, soothe, and renew.

🌸 Then, connect with the Programming Team for moon-inspired activities that blend creativity, community, and self-care.

Whether you need rest, release, or just a little joy—this is your space to just be.

Let the moonlight in. Let the healing begin.

Thank you to our local partnerships who partner to make programming at our agency great!



Habitat for Humanity®  
Findlay/Hancock County

