



could you imagine having the ability to help somebody?  
your story holds the power  
to propel others in ways that you could have never imagined.

zone: judge free  
location: findlay, oh  
podcast: iam somebody  
the why: you  
USE YOUR VOICE



## i am somebody

mission:

i am somebody is creating a place & platform to be  
you with no judgement, while providing support  
specific to your recovery journey.

# podcast application:

this podcast is a recording of an audio discussion on the topic of recovery  
journeys related to mental health, substance use, and trauma.

today's date: \_\_\_\_\_

your name: \_\_\_\_\_  
first middle last

pronouns: \_\_\_\_\_

address and/or city: \_\_\_\_\_

email: \_\_\_\_\_

  

please mark  
your preferred  
method of  
contact

phone number: \_\_\_\_\_

are you someone who has lived experience with...

mental health recovery?	
recovery from trauma?	
substance use recovery?	

how long have you identified as in recovery? \_\_\_\_\_

thank you for taking time to fill this out  
once we receive your application, we will be reaching out to you by preferred method of contact.

**i am somebody values:** non-judgement commitment open-mindedness consistency honesty  
efficiency inclusivity education receptivity sincerity acceptance learning supportiveness

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in partnership with

